



Our Lady of Peace Catholic School

Feast of Corpus Christi

The Body and Blood of Christ

Introduction

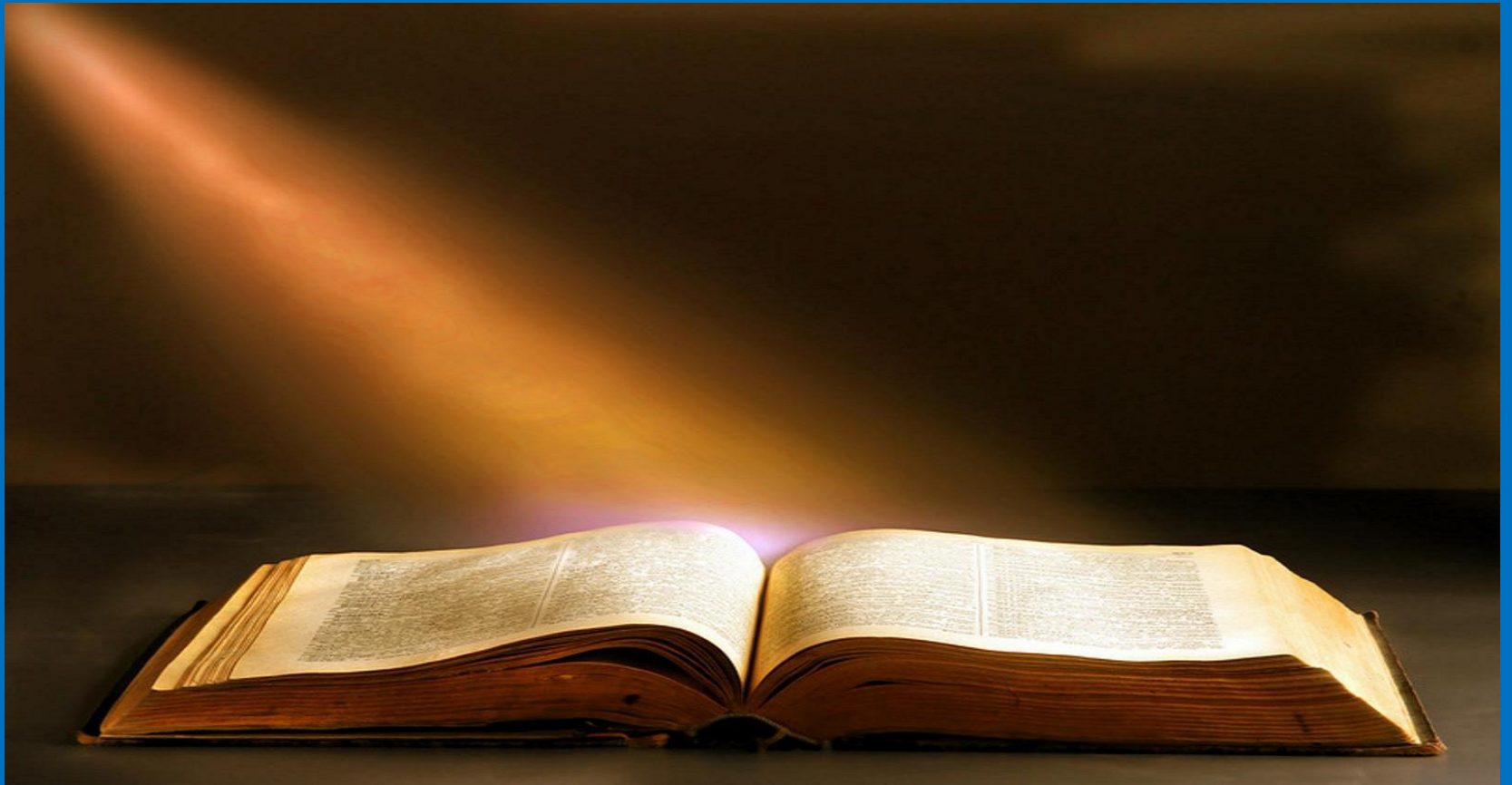
What would happen if we had no food or anything to drink?

Together they keep us alive and without their life-giving nourishment we would die. Jesus is the 'bread of life' who shares himself with us in a special way during Mass

Today we are going to celebrate the Feast of Corpus Christi and we are going to reflect on this today.

The name 'Corpus Christi' is Latin for 'the body of Christ'.

Gospel Acclamation



Gospel Acclamation

We have come to hear you Lord,
Hear you Lord, hear you Lord.

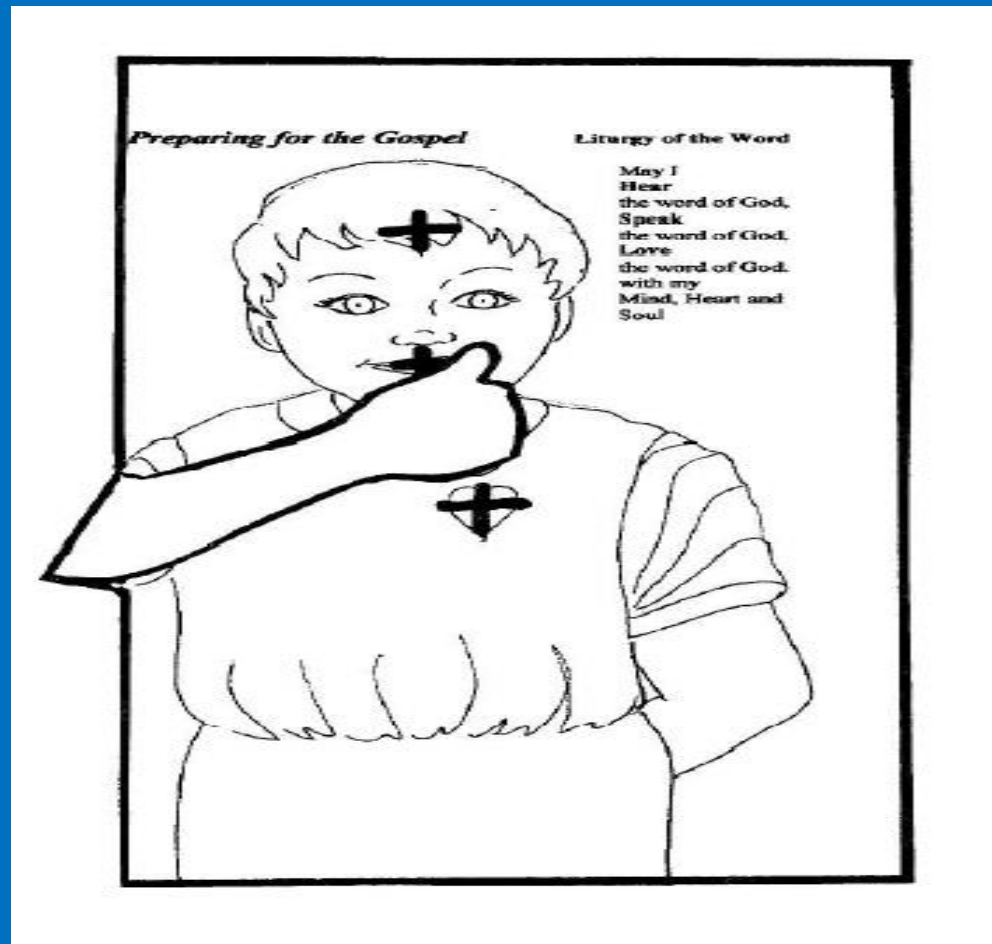
We have come to hear you Lord,
we are listening.

A reading from the holy Gospel according to Mark

14:22-24

Response:

Glory to you, O Lord



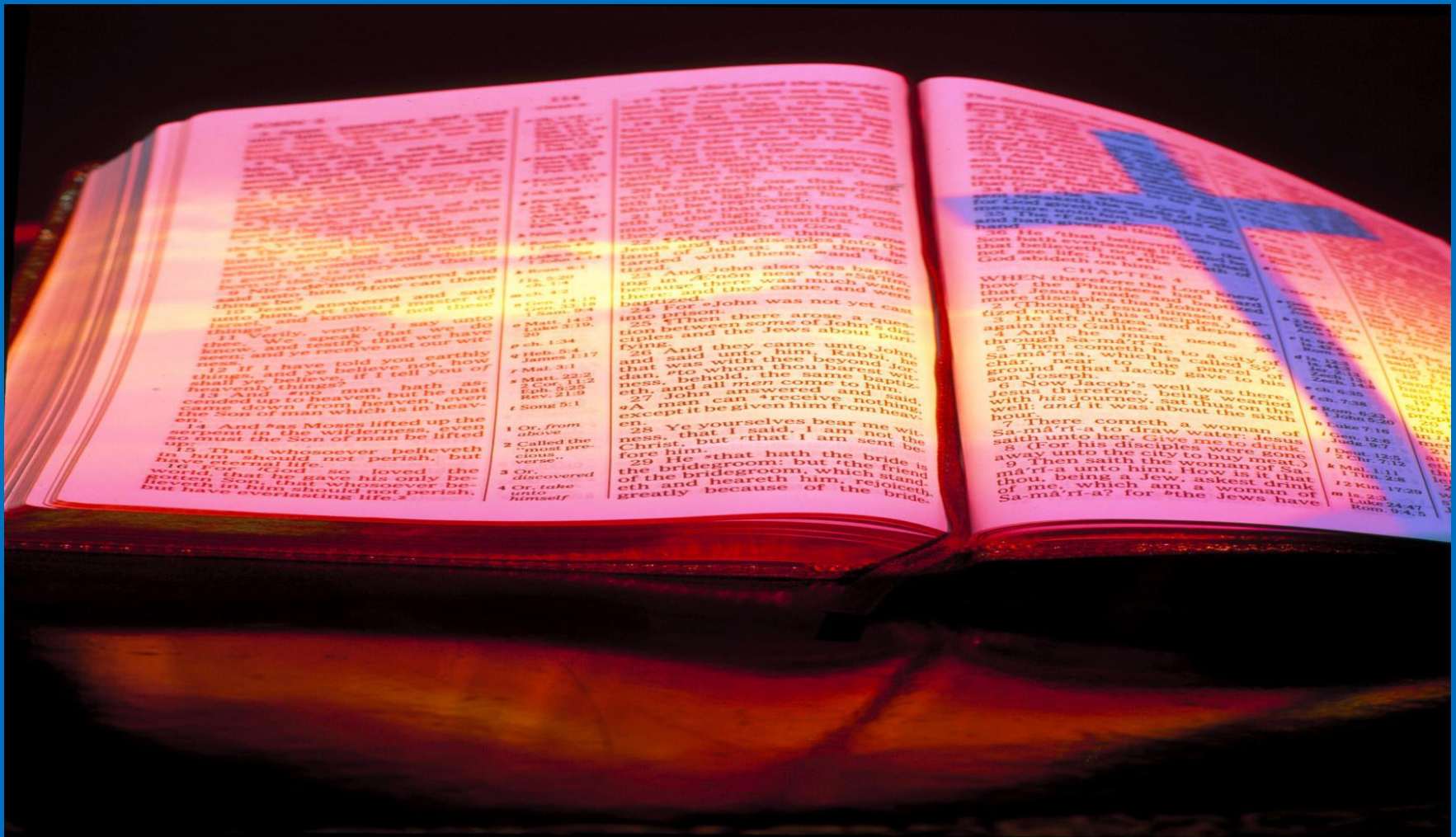


A reading from the Holy Gospel according to Mark

Glory to you , O Lord

- Jesus and his disciples had gathered to celebrate the Passover meal together. While they were eating, Jesus took some bread, gave a piece to each of his disciples, saying, 'Take this and eat it, this is my body.' Then he took a cup of wine. Again he praised his Father and passed it to each of his disciples saying, 'Take this and drink it, this is my blood, poured out for you. Do this in memory of me'
- The Gospel of the Lord

The Gospel of the Lord



Praise to you Lord Jesus Christ.



Reflection 1

Every year Jewish families and friends gathered together to share a meal which celebrated the 'Passover' when they remembered how God had freed them from slavery in Egypt.

Reflection 2

When we come to Mass, we come as one large family to celebrate something which happened for all of us- the resurrection of Jesus. We share a meal together as Jesus did at the Last Supper.

Jesus shared a loaf of bread and a cup of wine. He changed the bread and wine into his own body and blood, to nourish his friends with his life-giving power. Just as our bodies need nourishment to live, so do our spiritual souls.

Reflection 3

At our celebration of the Eucharist which means 'thanksgiving', we remember the meal which Jesus shared with his friends the night before he died; and we share in his death and resurrection. We believe that through the power of God, the bread and wine become the body and blood of Jesus, who gives himself to each of us in a very special way. Jesus said 'I am the bread of life' and when we share in the Eucharistic meal, we share life with the Son of God himself.

Prayer



Dear Lord Jesus

You are the living bread which
comes to each of us in a special way.
Help me to share the joy of your love
with others I meet.

With Christ in our hearts, together we
grow.

Amen

With Christ in our hearts, together we
grow.