

Our Lady of Peace School

First Sunday of Lent

Luke 4:1-13- Temptation in the desert

Introduction

- The season of Lent began on Ash Wednesday and we remember the forty days which Jesus spent fasting and praying in the desert. We are called to turn away from our selfishness and to grow closer to God's love.

Introduction



Gospel Acclamation

Praise, praise, praise the Lord,
Praise our Father dear.

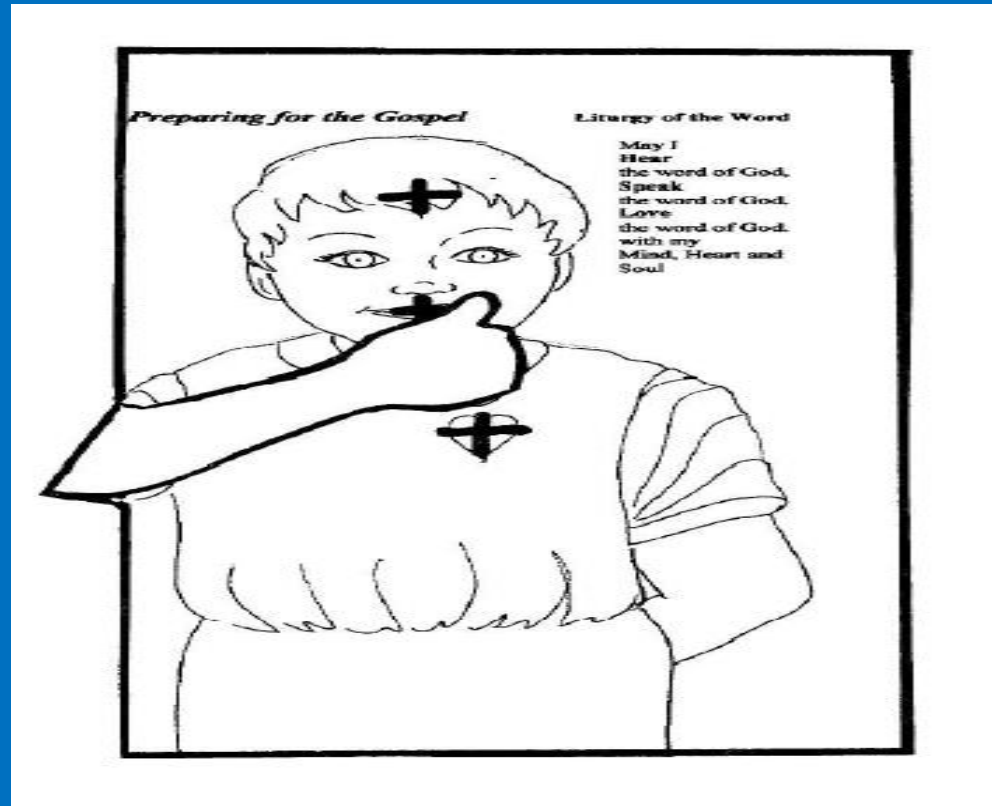
As we listen to his word, feel his Spirit near.

The Lord be with you

Response: And with your spirit.

A reading from the holy Gospel according
to Luke

Response: Glory to you, O Lord



Gospel Luke 6:43-45

Filled with the Holy Spirit, Jesus went into the desert to pray and be close to God.

He stayed there for forty days and during that time he had nothing to eat because he was fasting. He looked at the stones around him and knew he could change them into bread: but he chose not to.

When forty days had passed, Jesus went to the Temple in Jerusalem. Jesus trusted in his Father's great love.

Gospel: Luke 4:1-13



**The Gospel of the Lord
Response; Praise to you Lord Jesus Christ.**



Prayer and Reflection



Reflection 1

Jesus went into the desert to be close to God and to think. Lent is a time when we stop and think about our lives and turn back to God if we have wandered away from his love.

Reflection 2

In the forty days of Lent which is nearly six weeks, we try and do something for God to show him how much we love him. It is a chance to say sorry for any mistakes we have made and to make a fresh start.

Reflection 3.

Jesus did not find it easy in the desert and on several occasions he was tempted to take the easy way out, but chose not to. During Lent we too will find it hard when we feel tempted to give up, but we must try not to.

Reflection 4.

In the Gospel today Jesus showed us the importance of spending some time looking at the good and bad things in our lives and growing closer to God through prayer and turning away from temptation.

Prayer

Lord Jesus

You never gave up even when you found it most difficult. During the six weeks of Lent, help us to be strong and to keep our promises as a sign of our love for you.

With Christ in our hearts, together we grow

Amen.

Acknowledgement

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Lent



THE OPEN DOOR

Lent is like a journey



A journey to meet God



A time to get to know God better



To know his great love for us



*I am
worthy
of
God's
Love*

The journey lasts for 6 weeks



The journey begins on Ash Wednesday



On Ash Wednesday



- We receive ashes on our foreheads.
- This is a sign of God's love for us.
- It reminds us that one day we will be with him forever in heaven.

During the 6 weeks of Lent we can
try to get to know God better by



Praying

Being kind to others



Our journey ends



At Easter

