

# ACT QUICKLY TO SAVE THAT TOOTH!

## What to do if an adult tooth is knocked out



**Immediate action  
can save the tooth**

**IN A MEDICAL  
EMERGENCY  
CALL 999**

**1** Keep  
calm!

**Locate the  
tooth.**

**2** Hold it  
by  
the crown.

**Don't touch  
the root.**

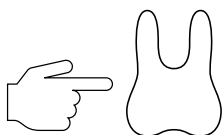
**3** Put the  
tooth  
straight  
back into  
the socket  
where it has  
come out.

**4** Ask the  
person to  
bite down on  
a clean  
handkerchief  
or a clean tea  
towel.

**5** Take  
the  
person  
straight  
to a  
dentist.

**6** Check  
the  
person  
for a  
head  
injury.

**Telephone the  
dentist to tell  
them you are  
on your way**



**If dirty,  
rinse with  
milk**



**If the tooth won't go back into the  
socket, put it in semi-skimmed milk  
and take it to the dentist**

**If you suspect intentional harm, please follow your local safeguarding policy**