



## Our Lady of Peace Catholic Primary and Nursery School

**'With Christ in our hearts, together we grow.'**

### **P.E. at Our Lady of Peace Catholic Primary & Nursery School**

#### **Intent**

In line with the National Curriculum, it is our intent at Our Lady of Peace School to develop the children's physical, cognitive and social skills through sport.

Our curriculum:

- Inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities.
- Provides opportunities for pupils to become physically confident in a way which supports their health and fitness.
- Gives opportunities to compete in sport and other activities that build character and help to embed values such as fairness and respect.

We aim to deliver high quality, purposeful teaching and learning that inspires all children to excel in physical education.

Through our progressive curriculum, we strive to teach children to co-operate and collaborate with others as part of a team. We value an inclusive approach to PE, which endeavours to encourage not only physical development, but also mental wellbeing.

## Implementation

PE is a valued subject at Our Lady of Peace School, with all pupils receiving 2 hours timetabled PE/Games lessons per week. One lesson will be an indoor lesson, whilst the other an outdoor games-based lesson (football, netball, tennis, cricket etc.) Our objective within lessons is to develop the children's physical skill, cognitive thinking and social skills.

Physical Education concepts, knowledge and understanding are taught through separate units. Our curriculum map provides full coverage and progression across the full breadth of the PE National Curriculum. Each unit is planned alongside specific progression maps. This ensures that our children are given the opportunity to practise existing skills and to build and develop new skills each year. Each half term, every year group is taught two different units.

Elements we include in our curriculum provision are: Progressive, age related success criteria for all year groups. A layered approach to physical skills so that all children can achieve at a level suited to their ability, with clear ways to improve challenges as and when the pupils are ready.

Purposeful questioning to help secure understanding in each individual sport or skill. Healthy competitions so children can compete against themselves as well as others.

10 weeks of swimming lessons on year 4. A broad range of sports and activities in both curriculum lessons and after school clubs. Daily Mile completed frequently by every class.



## Topic Map

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Basic Movement & Ball Skills	Fundamentals & Dance	Fitness & Athletics	Ball Skills & Target Games	Invasion & Team Building	Athletics & Fitness
Year 2	Ball Skills & Dance	Athletics & Gymnastics	Gymnastics & Ball Skills	Invasion & Team Building	Striking/Fielding & Target Games	Target Games/Sending & Receiving
Year 3	Netball & Dance	Fundamentals & Fitness	Cricket & Gymnastics	Ball Skills & OAA	Tag Rugby & Athletics	Basketball & Co-ordination
Year 4	Rugby & Fitness	Rounders & Gymnastics	Football & OAA Swimming & Dance	Rounders & Gymnastics	Tennis & Athletics	Dodgeball & Co-ordination
Year 5	Tag Rugby & Co-ordination	Hockey & Dance	Rounders & Gymnastics	Netball & Fitness	Golf & OAA	Handball & Strategic Games
Year 6	Tag Rugby & Dance	Basketball & Co-ordination	Football	Tennis & OAA	Rounders & Balance & Co-ordination	Dodgeball & Strategic Games

### **Impact**

High quality, consistent and well-resourced PE lessons. Development of detailed knowledge and skills across the full breadth of the PE curriculum through engaging and age-appropriate curriculum content.

In PE, this will be measured by:

- Assessment tasks.
- In-school attainment tracking.
- Engagement in enrichment activities.
- Route to Resilience activities.
- Pupil voice – questionnaires.
- Subject Leader monitoring – including lesson visits, assessment and pupil interviews.
- Governor monitoring.
- Attendance data.
- Engagement in competitive sports and activities. The PE curriculum and resources used will be evaluated annually.
- Increased confidence in children when attempting harder skills and answering more challenging questions. Improved activity and fitness levels for all pupils.
- Improved water confidence and competence through swimming lessons in year 4.



