

#### **Our Food**

Taylor Shaw menus are designed to be child friendly, as well as compliant with the Government's school food standards. We use high quality, healthy and nutritious ingredients, prepared fresh on site, on the day of consumption, by suitably trained and child focused employees.

At the heart of our service lies a menu that contains the correct balance of food and nutrients across the week, in order to encourage children to learn, love food, play and grow.

Our lunches include a choice of...

- Meat & vegetarian main courses and accompanying carbohydrates
- 2 vegetable options
- Various salad choices
- Wholemeal or white fresh, crusty baked bread, daily
- A selection of hot and cold desserts
- Chilled water











### Feedback/Contact

If you would like to comment on our meals or provide feedback on our service, please email Jody.Munn@Taylorshaw.com

### **Medical Diets and Allergies**

If your child has a specific dietary need for a medical reason, we will work with you to create a menu to meet the needs of your child. We have a Medical Diet Procedure to follow, to ensure your child can safely eat with us. If you would like your child to have a school meal, we would need to see a medical certificate from your child's consultant. We can then proceed with creating a suitable menu. Please ask your school for the Medical Diet Request form.

Once you have completed it please return to the school along with the Medical evidence, please ensure all details are correct and it has been signed. This will then be passed onto the Taylor Shaw team who will then create a safe menu for your child and implement as soon as possible.

# Why claim Free School Meals?

ALL children in Reception, Year 1 and Year 2 are all eligible

for a Universal Infant Free School Meal!

Let Taylor Shaw take the pressure off making a pack

lunch and let us provide your child with a nutritionally

balanced, hot and delicious lunch, for FREE!

You could save yourself time and £100's

a year by giving up the packed lunch



All our food meets allergen guidelines



We make food fun, encouraging children to try something new We offer a tasty hot meal selection with salad and fresh bread options



All our meat is Red Tractor assured

Our menus meet government school food guidelines Our menus contain at least one portion of fruit and one portion of vegetables

## **Autumn / Winter MENUS 2020/2021**

### **Our Lady of Peace Catholic Primary**

Week One Dates 02/11/20 - 16/11/20 - 30/11/20 - 14/12/20 - 11/01/21 - 25/01/21 - 08/02/21

22/02/21 - 08/03/21 - 22/03/21

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Main Meal Option	Sausage, Mash & Gravy	Hunters Chicken Served with Rice	Roast Chicken with Roast Potatoes, Yorkshire Pudding & Gravy	Pasta Bolognese & Garlic Bread	Fish Fingers & Chips		
Vegetarian Main Meal Option	Vegetable Sausage, Mash & Gravy	Cheese & Tomato Pizza with Wedges	Quorn Roast with Roast Potatoes, Yorkshire Pudding & Gravy	Veggie Bolognese & Garlic Bread	Vegetable Nuggets & Chips		
Vegetable Selection	Peas & Sweetcorn	Broccoli & Winter Coleslaw	Savoy Cabbage & Sweetcorn	Green Beans & Carrots	Garden Peas & Baked Beans		
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans						
Dessert	Chocolate Sponge	Iced Sponge	Jelly	Lemon Drizzle Sponge	Ice Cream		

Week Two Dates 09/11/20 - 23/11/20 - 07/12/20 - 04/01/21 - 18/01/21 - 01/02/21 - 15/02/21 
01/03/21 - 15/03/21 - 29/03/21

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Main Meal Option	Beef chilli & Rice	Chicken Casserole	Roast Beef with Roast Potatoes, Stuffing & Gravy	Chicken Curry & Rice	Fish Fingers & Chips		
Vegetarian Main Meal Option	Vegetable Chilli & Rice	Cheese & Tomato Pizza with Garlic Bread	Quorn Roast with Roast Potatoes, Stuffing & Gravy	Vegetable Curry & Rice	Vegetable Sausage & Chips		
Vegetable Selection	Garden Peas & Fresh Salad	Carrots & Green Beans	Cauliflower & Mixed Vegetables	Broccoli & Sweetcorn	Garden Peas & Baked Beans		
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans						
Dessert	Iced Carrot Cake	Marble Cake	Jelly	Iced Sponge	Ice Cream		

Available Daily
Fresh Bread, Fresh Fruit, Milk and Yoghurts