



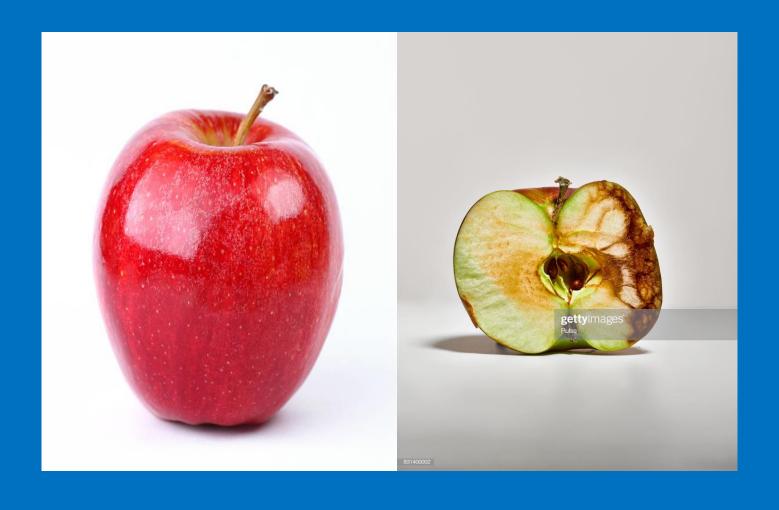
Our Lady of Peace School

Eighth Sunday of the Year Luke 6:43-45-The fruits of goodness

Introduction

- Just as you can recognise an apple tree by the fruit which grows on it, so too can people recognise us as Christians by the way we act and the things we say.
- Have you ever had a bright shiny apple and bitten into it, only to find that it is rotten in the middle?
- What is on the outside is not important, it is what is in the inside that counts. Jesus wants our hearts to be filled with goodness.

Introduction



Gospel Acclamation

You light up our hearts with your love so we can see the way.

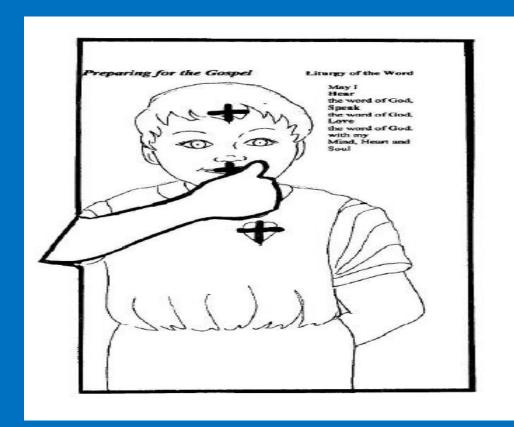
To follow you and all you do, You light up our hearts with your love.

The Lord be with you

Response: And with your spirit.

A reading from the holy Gospel according to Luke

Response: Glory to you, O Lord



Gospel Luke 6:43-45

One day Jesus told this parable: 'Fruit that is rotten and bad will never grow on a strong and healthy tree, just as good fruit cannot grow on a tree that is sick and diseased.

Different fruits grow on different trees and everyone knows which fruit belongs to which type of tree. Like the tree and its fruit, a good

person will speak and act kindly, because of

the goodness in their hearts'

Gospel: Luke 6:43-45



The Gospel of the Lord Response; Praise to you Lord Jesus Christ.



Prayer and Reflection



Reflection 1

Just as you can tell whether a tree is good or bad by the fruit it grows, so too do the words and actions of people reveal the state of their hearts. If we are healthy and strong and full of God's goodness, then that goodness will show in our lives. If our hearts are selfish and unkind, then we will be selfish and unkind to people.

Reflection 2

Jesus comes to each one of us in a very special way when we receive the Holy Eucharist. Just as a tree needs to be nourished to produce good fruit, so we need the 'Bread of Life' to nourish us.

Reflection 3.

Jesus shares his love and goodness by giving himself to us. We invite Jesus into our lives and the goodness he shares with us overflows into our daily words and actions.

Prayer

Lord Jesus

Many people see the fruits of your love and goodness in our words and the way we treat other people.

Let the words that we speak flow from our hearts. If our hearts are filled with goodness, our words and actions will be kind and loving too.

With Christ in our hearts, together we grow

Amen.

Acknowledgement

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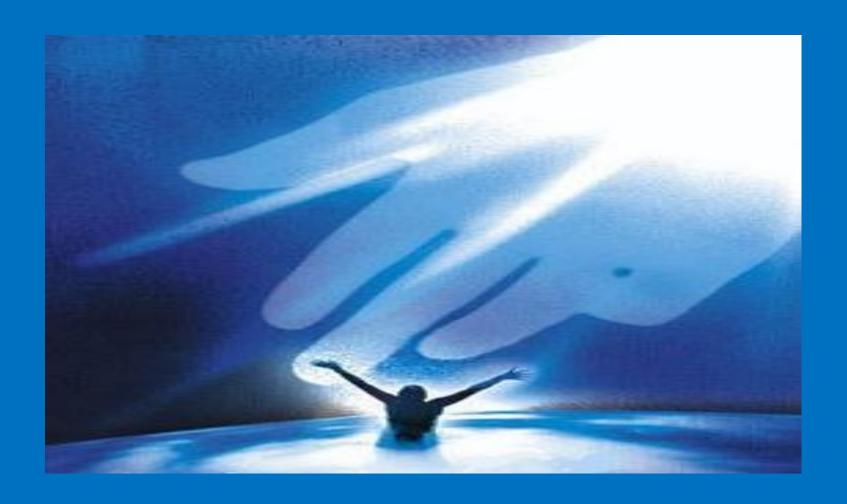
Lent is like a journey



A journey to meet God



A time to get to know God better



To know his great love for us



The journey lasts for 6 weeks



The journey begins on Ash Wednesday

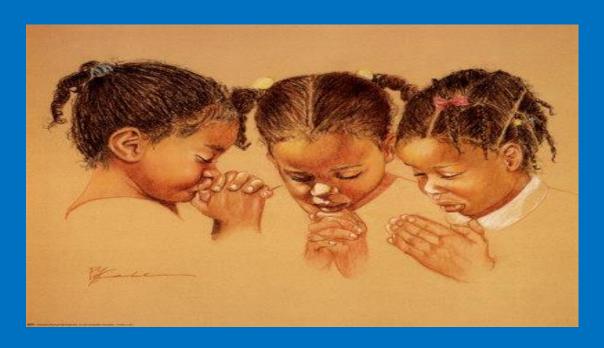


On Ash Wednesday



- We receive ashes on our foreheads.
- · This is a sign of God's love for us.
- It reminds us that one day we will be with him forever in heaven.

During the 6 weeks of Lent we can try to get to know God better by



Praying

Being kind to others



Our journey ends



At Easter

