**COURSES BEGINNING**

**THIS JANUARY!**

**Dear All,**

**Please see below a selection of courses due to THIS MONTH and beginning in February & March**

**Could I kindly request you forward on to those who may be interested/benefit from any of the below**

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| **cid:image025.jpg@01D7F59A.50259D10** | **C3747585 – Introduction into British Sign Language****Monday’s; 31/01/22 – 28/03/22 @ 18:00 – 19:30****Fee: £38.40 (*FREE if on income related benefits*)****To enrol, click on the link:** [**enrolonline.wea.org.uk**](https://enrolonline.wea.org.uk/Online/2021/CourseInfo.aspx?r=C3747585) **or call 0300 303 3464** |
| **cid:image026.jpg@01D7F59A.50259D10** | **C3747707 – Confident You****Monday; 31/01/22 @ 13:00 – 15:00** **FREE****To enrol, click on the link:** [**enrolonline.wea.org.uk**](https://enrolonline.wea.org.uk/Online/2021/CourseInfo.aspx?r=C3747707) **or call 0300 303 3464** |
| **cid:image027.jpg@01D7F59A.50259D10** | **C3747708 – Meditation, Mind-fullness and Stress Management****Monday; 07/02/22 – 28/02/22 @ 13:30 – 15:30****Fee: £19.20 (*FREE if on income related benefits*)****To enrol, click on the link:** [**enrolonline.wea.org.uk**](https://enrolonline.wea.org.uk/Online/2021/CourseInfo.aspx?r=C3747708) **or call 0300 303 3464** |
| **cid:image028.jpg@01D7F59A.50259D10** | **C3747709 – Psychological First Aid****Monday; 07/03/22 – 21/03/22 @ 13:30 – 15:30****Fee: £19.20 (*FREE if on income related benefits*)****To enrol, click on the link:** [**enrolonline.wea.org.uk**](https://enrolonline.wea.org.uk/Online/2021/CourseInfo.aspx?r=C3747709) **or call 0300 303 3464** |
| **cid:image029.jpg@01D7F59A.50259D10** | **C3747710 – Support your Mental Health in challenging times****Tuesday; 08/02/22 – 22/02/22 @ 18:30 – 20:30****Fee: £19.20 (*FREE if on income related benefits*)****To enrol, click on the link:** [**enrolonline.wea.org.uk**](https://enrolonline.wea.org.uk/Online/2021/CourseInfo.aspx?r=C3747710) **or call 0300 303 3464** |
| **cid:image030.jpg@01D7F59A.50259D10** | **C3747722 - How to be Safe Online; Spotting Scams and Staying Safe****Tuesday; 25/01/22 @ 10:30 – 12:30****FREE****To enrol, click on the link:** [**enrolonline.wea.org.uk**](https://enrolonline.wea.org.uk/Online/2021/CourseInfo.aspx?r=C3747722) **or call 0300 303 3464****This course is for older learners new to online life** |
| **cid:image031.jpg@01D7F59A.50259D10** | **C3747723 - Using Google; How to search for and find the information you want****Thursday; 10/02/22 @ 10:30 – 12:00****FREE****To enrol, click on the link:** [**enrolonline.wea.org.uk**](https://enrolonline.wea.org.uk/Online/2021/CourseInfo.aspx?r=C3747723) **or call 0300 303 3464****This course is for older learners new to online life** |
| **cid:image032.jpg@01D7F59A.50259D10** | **C3747724 - Buying and Selling online; Grocery shopping, Gumtree and more****Tuesday; 01/02/22 @ 12:30 – 14:30****FREE****To enrol, click on the link:** [**enrolonline.wea.org.uk**](https://enrolonline.wea.org.uk/Online/2021/CourseInfo.aspx?r=C3747724) **or call 0300 303 3464****This course is for older learners new to online life** |
| **cid:image033.jpg@01D7F59A.50259D10** | **C3747725 - Staying in touch online; Using Zoom and Skype****Thursday; 03/02/22 @ 10:30 – 12:00****FREE****To enrol, click on the link:** [**enrolonline.wea.org.uk**](https://enrolonline.wea.org.uk/Online/2021/CourseInfo.aspx?r=C3747725) **or call 0300 303 3464****This course is for older learners new to online life** |
| **cid:image034.jpg@01D7F59A.50259D10** | **C3747726 - Booking Appointments online****Tuesday; 08/02/22 @ 12:30 – 14:00****FREE****To enrol, click on the link:** [**enrolonline.wea.org.uk**](https://enrolonline.wea.org.uk/Online/2021/CourseInfo.aspx?r=C3747726) **or call 0300 303 3464****This course is for older learners new to online life** |

**Thank you for your support**

Kind Regards

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| **Development and Outreach Co-ordinator** |

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| The WEA |  |  | Southern Region | ,  | Upton Lea Community Centre, Wexham Road | ,  | Slough |   | SL2 5JW |

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