Sign Language / Mental Well-being & Beginner Online Skills**COURSES BEGINNING**

**THIS JANUARY!**

**Dear All,**

**Please see below a selection of courses due to THIS MONTH and beginning in February & March**

**Could I kindly request you forward on to those who may be interested/benefit from any of the below**

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| **cid:image025.jpg@01D7F59A.50259D10** | **C3747585 – Introduction into British Sign Language**  **Monday’s; 31/01/22 – 28/03/22 @ 18:00 – 19:30**  **Fee: £38.40 (*FREE if on income related benefits*)**  **To enrol, click on the link:** [**enrolonline.wea.org.uk**](https://enrolonline.wea.org.uk/Online/2021/CourseInfo.aspx?r=C3747585) **or call 0300 303 3464** |
| **cid:image026.jpg@01D7F59A.50259D10** | **C3747707 – Confident You**  **Monday; 31/01/22 @ 13:00 – 15:00**  **FREE**  **To enrol, click on the link:** [**enrolonline.wea.org.uk**](https://enrolonline.wea.org.uk/Online/2021/CourseInfo.aspx?r=C3747707) **or call 0300 303 3464** |
| **cid:image027.jpg@01D7F59A.50259D10** | **C3747708 – Meditation, Mind-fullness and Stress Management**  **Monday; 07/02/22 – 28/02/22 @ 13:30 – 15:30**  **Fee: £19.20 (*FREE if on income related benefits*)**  **To enrol, click on the link:** [**enrolonline.wea.org.uk**](https://enrolonline.wea.org.uk/Online/2021/CourseInfo.aspx?r=C3747708) **or call 0300 303 3464** |
| **cid:image028.jpg@01D7F59A.50259D10** | **C3747709 – Psychological First Aid**  **Monday; 07/03/22 – 21/03/22 @ 13:30 – 15:30**  **Fee: £19.20 (*FREE if on income related benefits*)**  **To enrol, click on the link:** [**enrolonline.wea.org.uk**](https://enrolonline.wea.org.uk/Online/2021/CourseInfo.aspx?r=C3747709) **or call 0300 303 3464** |
| **cid:image029.jpg@01D7F59A.50259D10** | **C3747710 – Support your Mental Health in challenging times**  **Tuesday; 08/02/22 – 22/02/22 @ 18:30 – 20:30**  **Fee: £19.20 (*FREE if on income related benefits*)**  **To enrol, click on the link:** [**enrolonline.wea.org.uk**](https://enrolonline.wea.org.uk/Online/2021/CourseInfo.aspx?r=C3747710) **or call 0300 303 3464** |
| **cid:image030.jpg@01D7F59A.50259D10** | **C3747722 - How to be Safe Online; Spotting Scams and Staying Safe**  **Tuesday; 25/01/22 @ 10:30 – 12:30**  **FREE**  **To enrol, click on the link:** [**enrolonline.wea.org.uk**](https://enrolonline.wea.org.uk/Online/2021/CourseInfo.aspx?r=C3747722) **or call 0300 303 3464**  **This course is for older learners new to online life** |
| **cid:image031.jpg@01D7F59A.50259D10** | **C3747723 - Using Google; How to search for and find the information you want**  **Thursday; 10/02/22 @ 10:30 – 12:00**  **FREE**  **To enrol, click on the link:** [**enrolonline.wea.org.uk**](https://enrolonline.wea.org.uk/Online/2021/CourseInfo.aspx?r=C3747723) **or call 0300 303 3464**  **This course is for older learners new to online life** |
| **cid:image032.jpg@01D7F59A.50259D10** | **C3747724 - Buying and Selling online; Grocery shopping, Gumtree and more**  **Tuesday; 01/02/22 @ 12:30 – 14:30**  **FREE**  **To enrol, click on the link:** [**enrolonline.wea.org.uk**](https://enrolonline.wea.org.uk/Online/2021/CourseInfo.aspx?r=C3747724) **or call 0300 303 3464**  **This course is for older learners new to online life** |
| **cid:image033.jpg@01D7F59A.50259D10** | **C3747725 - Staying in touch online; Using Zoom and Skype**  **Thursday; 03/02/22 @ 10:30 – 12:00**  **FREE**  **To enrol, click on the link:** [**enrolonline.wea.org.uk**](https://enrolonline.wea.org.uk/Online/2021/CourseInfo.aspx?r=C3747725) **or call 0300 303 3464**  **This course is for older learners new to online life** |
| **cid:image034.jpg@01D7F59A.50259D10** | **C3747726 - Booking Appointments online**  **Tuesday; 08/02/22 @ 12:30 – 14:00**  **FREE**  **To enrol, click on the link:** [**enrolonline.wea.org.uk**](https://enrolonline.wea.org.uk/Online/2021/CourseInfo.aspx?r=C3747726) **or call 0300 303 3464**  **This course is for older learners new to online life** |

**Thank you for your support**

Kind Regards

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| This message is private and confidential - If you have received this email in error, please forward the original correspondence to [supportservices@wea.org.uk](mailto:supportservices@wea.org.uk) so we may rectify the error. Please then delete the email you received. The WEA is a charity registered in England and Wales (1112775) and in Scotland (SC039239). The WEA is a company limited by guarantee registered in England and Wales (Company No. 2806910). Our registered office address: 4 Luke Street, London, EC2A 4XW. |  |