



# NOURISH YOUR CHILD'S INNER SUPERHERO!

## Our Food

Taylor Shaw menus are designed to be child friendly, as well as compliant with the Government's school food standards. We use high quality, healthy and nutritious ingredients, prepared fresh on site, on the day of consumption, by suitably trained and child focused employees.

At the heart of our service lies a menu that contains the correct balance of food and nutrients across the week, in order to encourage children to learn, love food, play and grow.

Our lunches include a choice of...

- Meat & vegetarian main courses and accompanying carbohydrates
- 2 vegetable options
- Various salad choices
- Wholemeal or white fresh, crusty baked bread, daily
- A selection of hot and cold desserts
- Chilled water



## Feedback/Contact

If you would like to comment on our meals or provide feedback on our service, please email [Jody.Munn@Taylorshaw.com](mailto:Jody.Munn@Taylorshaw.com)

## Medical Diets and Allergies

If your child has a specific dietary need for a medical reason, we will work with you to create a menu to meet the needs of your child. We have a Medical Diet Procedure to follow, to ensure your child can safely eat with us. If you would like your child to have a school meal we would need to see a medical certificate from your GP or a recent letter from your child's consultant. We can then proceed with creating a suitable menu. Please ask your school for the Medical diet request form.

Once complete, please return to the school along with the medical evidence, this will then be passed onto the Taylor Shaw team who will create a safe menu which will be implemented as soon as possible.

## Help your school and yourself - claim free school meals

Taking up free school meals has benefits for everyone:

- Children get a healthy nutritious meal for Free!
- Schools can benefit directly by receiving £1320 for each eligible child – Pupil Premium
- Families entitled to free school meals could save more than £400 per child per year.

*Children in Reception, years 1 & 2, are eligible for a Universal Infant Free School*

Families in receipt of the following benefits are entitled to claim free school meals:

- Income Support
- Income Based Jobseeker Allowance (IBJSA)
- Employment & Support Allowance Income Related (ESA(IR))
- Support under part VI of the Immigration and Asylum Act 1999
- Child Tax Credit (TC602) provided your annual household income does not exceed £16,190. Please note that if you are receiving Working Tax Credit (WTC) your children will not be entitled to free school meals.
- Universal Credit - if you apply on or after 1st April 2018, your household income must be less than £7,400 per year (after tax and not including benefits)

Register online at <https://www.gov.uk/apply-free-school-meals> or pick up an application form from your child's school.

# SPRING/SUMMER MENUS 2019

## Our Lady of Peace Catholic Primary School

### Junior Menu

**Week One Dates** 22/04/19 – 13/05/19 – 03/06/19 – 24/06/19 – 15/07/19 – 05/08/19 – 26/08/19 – 16/09/19 – 07/10/19

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Beef Burger in a Bun & Homemade Wedges	Margherita Pizza	Roast Chicken Baguette	Chicken Sausage Hot Dog	MSC Fish Fingers & Chips
Vegetarian Main Course	Veggie Mince Chilli with Wholegrain Rice	Jacket Potato with Cheese, Beans or Salmon Mayonnaise	Quorn Roast Bap	Vegetable Sausage Hot Dog	Vegetable Nuggets & Chips
Vegetables	Crudit� Selection	Crudit� Selection	Crudit� Selection	Crudit� Selection	Crudit� Selection
Fresh Fruit	Daily Fruit Selection	Daily Fruit Selection	Daily Fruit Selection	Daily Fruit Selection	Daily Fruit Selection
Drink	Fruit Juice	Bottled Water	Fruit Juice	Bottled Water	Fruit Juice
Dessert	Lemon Cake	Apple Cake	Jelly	Jam Sponge	Ice Cream

**Week Two Dates** 29/04/19 – 20/05/19 – 10/06/19 – 01/07/19 – 22/07/19 – 12/08/19 – 02/09/19 – 23/09/19 – 14/10/19

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Beef Bolognese & Pasta	Italian Style Chicken with Wholegrain Rice	Roast Lamb Baguette	Cornish Pasty	MSC Fish Fingers & Chips
Vegetarian Main Course	Jacket Potato with Cheese, Beans or Tuna Mayonnaise	Margherita Pizza	Quorn Roast Bap	Jacket Potato with Cheese, Beans or Tuna Mayonnaise	Vegetable Sausage & Chips
Vegetables	Crudit� Selection	Crudit� Selection	Crudit� Selection	Crudit� Selection	Crudit� Selection
Fresh Fruit	Daily Fruit Selection	Daily Fruit Selection	Daily Fruit Selection	Daily Fruit Selection	Daily Fruit Selection
Drink	Fruit Juice	Bottled Water	Fruit Juice	Bottled Water	Fruit Juice
Dessert	Ginger Sponge Cake	Chocolate Cake	Jelly	Pear Cake	Ice Cream

**Week Three Dates** 06/05/19 – 27/05/19 – 17/06/19 – 08/07/19 – 29/07/19 – 19/08/19 – 09/09/19 – 30/09/19 – 21/10/19

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Meatballs in Tomato Sauce served with Pasta	Chicken Curry with Brown Rice	Roast Beef Baguette	Pasta Bolognese & Garlic Bread	MSC Fish Fingers & Chips
Vegetarian Main Course	Jacket Potato with Cheese, Beans or Tuna Mayonnaise	Margherita Pizza	Quorn Roast Bap	Jacket Potato with Cheese, Beans or Tuna Mayonnaise	Bean Burger & Chips
Vegetables	Crudit� Selection	Crudit� Selection	Crudit� Selection	Crudit� Selection	Crudit� Selection
Fresh Fruit	Daily Fruit Selection	Daily Fruit Selection	Daily Fruit Selection	Daily Fruit Selection	Daily Fruit Selection
Drink	Fruit Juice	Bottled Water	Fruit Juice	Bottled Water	Fruit Juice
Dessert	Iced Cake	Marble Cake	Jelly	Carrot Cake with Icing Glaze	Ice Cream

**Fresh Bread, Salad Bar, Fresh Fruit and Yoghurts Available Daily**