



# NOURISH YOUR CHILD'S INNER SUPERHERO!

## Our Food

Taylor Shaw menus are designed to be child friendly, as well as compliant with the Government's school food standards. We use high quality, healthy and nutritious ingredients, prepared fresh on site, on the day of consumption, by suitably trained and child focused employees.

At the heart of our service lies a menu that contains the correct balance of food and nutrients across the week, in order to encourage children to learn, love food, play and grow.

Our lunches include a choice of...

- Meat & vegetarian main courses and accompanying carbohydrates
- 2 vegetable options
- Various salad choices
- Wholemeal or white fresh, crusty baked bread, daily
- A selection of hot and cold desserts
- Chilled water



## Feedback/Contact

If you would like to comment on our meals or provide feedback on our service, please email [Jody.Munn@Taylorshaw.com](mailto:Jody.Munn@Taylorshaw.com)

## Medical Diets and Allergies

If your child has a specific dietary need for a medical reason, we will work with you to create a menu to meet the needs of your child. We have a Medical Diet Procedure to follow, to ensure your child can safely eat with us. If you would like your child to have a school meal we would need to see a medical certificate from your child's consultant. We can then proceed with creating a suitable menu. Please ask your school for the Medical Diet Request form.

Once you have completed it please return to the school along with the Medical evidence, please ensure all details are correct and it has been signed. This will then be passed onto the Taylor Shaw team who will then create a safe menu for your child and implement as soon as possible.

Help your school and yourself - claim free school meals

# FREE SCHOOL MEALS

## Did You Know

ALL children in Reception, Year 1 and Year 2 are all eligible for a Universal Infant Free School Meal!

Let Taylor Shaw take the pressure off making a pack lunch and let us provide your child with a nutritionally balanced, hot and delicious lunch,

for **FREE!**

You could save yourself time and **£100's** a year by giving up the pack lunch & encouraging them to have a hot meal prepared and cooked fresh on site by us daily!

Why not give it a try tomorrow?!



# Autumn / Winter MENUS 2019/2020

## Our Lady of Peace Catholic Primary

### Infant Menu

**Week One Dates** 28/10/19 – 18/11/19 – 09/12/19 – 30/12/19 – 20/01/20 – 10/02/20 – 02/03/20 – 23/03/20

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Sausage, Mash & Gravy	Chicken Casserole & Potatoes	Roast Gammon with Roast Potatoes, Yorkshire Pudding & Gravy	Beef Pie with Mash & Gravy	Fish Fingers & Chips
Vegetarian Main Meal Option	Vegetable Sausage, Mash & Gravy	Cheese & Tomato Pizza	Quorn Roast with Roast Potatoes, Yorkshire Pudding & Gravy	Jacket Potato with Beans, Cheese or Tuna	Vegetable Curry & Wholegrain Rice
Vegetable Selection	Peas & Sweetcorn	Broccoli & Winter Coleslaw	Savoy Cabbage & Sweetcorn	Green Beans & Carrots	Garden Peas & Baked Beans
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans				
Dessert	Ice Sponge	Chocolate Sponge	Jelly	Lemon Sponge	Ice Cream

**Week Two Dates** 04/11/19 – 25/11/19 – 16/12/19 – 06/01/20 – 27/01/20 – 17/02/19 – 09/03/20 – 30/03/19

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Beef Meatballs in Tomato Sauce with Pasta	Chicken Curry with Rice & Naan Bread	Roast Beef with Roast Potatoes, Stuffing & Gravy	Pasta Bolognese & Garlic Bread	Fish Fingers & Chips
Vegetarian Main Meal Option	Jacket Potato with Beans, Cheese or Tuna	Cheese & Tomato Pizza	Quorn Roast with Roast Potatoes, Stuffing & Gravy	Jacket Potato with Beans, Cheese or Tuna	Vegetable Sausage & Chips
Vegetable Selection	Garden Peas & Fresh Salad	Carrots & Green Beans	Cauliflower & Mixed Vegetables	Broccoli & Sweetcorn	Garden Peas & Baked Beans
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans				
Dessert	Hot Chocolate Fudge Cake	Iced Carrot Cake	Jelly	Iced Sponge	Ice Cream

**Week Three Dates** 11/11/19 – 02/12/19 – 23/12/19 – 13/01/20 – 03/02/20 – 24/02/20 – 16/03/20

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Beef Burger in a Bun with Homemade Wedges	Chicken Pizza	Roast Chicken Breast with Roast Potatoes, Yorkshire Pudding & Gravy	Homemade Chicken Pie & Mash	Fish Fingers & Chips
Vegetarian Main Meal Option	Veggie Mince Chilli with Wholegrain Rice	Jacket Potato with Beans, Cheese or Tuna	Quorn Roast with Roast Potatoes, Yorkshire Pudding & Gravy	Jacket Potato with Beans, Cheese or Tuna	Vegetable Nuggets & Chips
Vegetable Selection	Sweetcorn & Carrots	Broccoli & Fresh Salad	Cauliflower & Garden Peas	Mixed Vegetables & Savoy Cabbage	Garden Peas & Baked Beans
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans				
Dessert	Apple Crumble	Lemon Slice	Jelly	Marble Sponge	Ice Cream

**Available Daily**

**Fresh Bread, Salad Bar, Fresh Fruit and Yoghurts**