



## Our Lady of Peace Catholic Primary School

### Anti-Bullying Charter

During our school council meeting, we spent time talking about bullying behaviours, what we thought should be done about it and what to do if you are bullied, or witness bullying.

We decided that we wanted everyone to feel safe at school, and this is how we agreed to do it:

#### **What is bullying?**

Bullying is deliberately hurtful behaviour which is repeated over a period of time.

Bullying can take many forms:

- Calling people names
- Pushing people
- Laughing at people's appearance
- Purposely excluding people
- Watching somebody being unkind and not trying to help.
- Saying unkind things online or in a message.

#### **How can we keep our school a safe and happy school?**

- 😊 We can be kind and friendly to other children.
- 😊 We can buddy up with children if we see that they are alone.
- 😊 We can respect other people.
- 😊 We can support each other.
- 😊 We can tell an adult if we see someone being bullied.
- 😊 We can follow the golden rules.
- 😊 We can use the friendship bench.

If someone is being bullied	What can we do?
Support them	Be their friend, buddy up with them, play with them, make them feel welcome.
Give them attention	Spend time with them, make them feel happy.
Give them privacy	Let them talk to you, don't be nosey.
Help them realise it's not their fault	Don't blame them.
Be their friend	Ask them to play with you.

We decided that the best thing to do if you were bullied, or witnessed someone being bullied was to tell someone:

#### **Who?**

- A teacher
- A lunchtime controller
- A parent
- A trusted adult

#### **What?**

- What happened?
- Who was involved?
- When it happened?

#### **How?**

- Quietly
- Seriously
- Calmly
- Privately

#### **What will happen if you tell?**

- The grown up will tell your teacher what is happening.
- The grown up will agree with you what needs to be done to stop the bullying.
- The grown up will also need to talk to the person who has been bullying or upsetting you.
- School will talk to your parents so that they can help too.
- The grown ups in school will take the necessary steps to stop the bully from being unkind again.
- The grown ups in school will keep checking to make sure the bullying has stopped and that you are ok.

Signed:

Victoria  
Dayen

Alex  
Miller

Katerina

Aubree

Alica  
Ashmika

Jamie

DOMINICA

Akaal

Gabriella

Headteacher's Signature:

Athina