



## With Christ in our hearts, together we grow

#### Welcome to our 'Values' assembly



### A value is a principle that guides behaviour

## In JANUARY we will be exploring the value of





What does that mean?

# Compassion

Someone at our school described compassion as:

When someone is feeling hurt or sad, your heart wants to make them feel better.

Do you agree? Do you have another way of describing compassion?





## Compassion

### Do you recognise this value in our school?

All the time?



From everyone?

## Compassion-what can we learn from Jesus?

- When someone is in trouble we have a choice.
  We might shrug it off and say it's too big a problem for us.
  We might tell the person it's their own fault anyway.
  We might say it's nothing to do with us.
  Or we might reach out and help them somehow.
- Jesus never turned his back on anyone who needed him. He would even help people with really big problems, even when it might be their fault. Even when it was none of his business. If people asked him for help, he always gave it to them. And the feeling that made him do this was something called *compassion*. Compassion was the way he could put himself in their shoes and imagine what it was like to be them. Compassion made him imagine how he would like to be treated if he was in their place.
- Jesus wants us to show compassion for people around us and treat them as we would like to be treated ourselves. Sometimes it isn't safe to go near strangers in town or especially when we're on our own, but with people here in our school, we can try hard to feel what it's like to be in their shoes. Perhaps that will change the way we behave towards them.
- Jesus and feeding the four thousand

...Jesus called His disciples to Him, and said,

"I feel compassion for the people, because they have remained with Me now for three days and have nothing to eat; and I do not want to send them away hungry, for they might faint on the way." **Matthew 15:32** 





#### A prayer for all of us

Here in our school Let us be peaceful at all times. Let our rooms be full of happiness and respect for each other. Let love be in our hearts With kindness and COMPASSION for all. Let us remember In learning together, We grow together And succeed together.



The heart is like a garden. It can grow compassion or fear, resentment or love. What seeds will you plant there? ~ Buddha