



Our Lady of Peace Catholic Primary and Nursery School

'With Christ in our hearts, together we grow'

Headteacher: Mrs J O'Keeffe

Derwent Drive, Slough

Berkshire, SL1 6HW

Tel: 01628 661886

13th January 2017



Dear Parents/Carers,

Spokes have been invited to run a cycle training course at the school week commencing 6th February 2017. The cycle training will be provided by Karen Haynes who is an Accredited Instructor.

The course is Bikeability Level 2 and starts in the playground and covers basic bike care and maintenance, advanced control skills including emergency stops and signalling without wobbling and lots of games to give your children the skills and confidence required for safe road riding. BEFORE undertaking this course your child must be able to cycle one handed (to signal) confidently and without wobbling.

THIS IS ESSENTIAL SINCE THEY WILL BE TAKING THEM ON THE ROADS.

Following the playground session they move on to road skills. The instructor will show them where to position themselves safely, overtaking, passing side roads, how to make major to minor road turns and minor to major road turns. At all times they are accompanied by a qualified and accredited instructor and the emphasis is always on safety.

Your child's bike must be roadworthy and have TWO working brakes.

The cost for the course is £5 per child this covers eight hours cycle tuition. Please return completed forms and cheques to the school. Please note places are limited.

Please note that as the children participate on their own cycle, you must be able to get your child's bike to school on the days of the course and all the children MUST wear a safety helmet.

Yours sincerely,

Mrs J Holden – Deputy Headteacher

PLEASE RETURN BY WEDNESDAY 27th January 2017
BIKEABILITY CYCLE TRAINING COURSE

Name of child _____ Class _____

I would like my child to participate in the cycle training course week commencing 6th February during school hours.

I ACCEPT THAT THE SCHOOL CANNOT TAKE RESPONSIBILITY FOR MY CHILD'S BIKE WHILE ON THE SCHOOL PREMISES.

Signed _____

Parent / Carer

Email: post@olopprimary.co.uk

<http://www.olopprimary.co.uk>

*In partnership with The Diocese of Northampton
and Slough Borough Council, Department of Education*

*Our Lady of Peace Catholic Primary and Nursery School has a commitment to safeguarding
and promoting the welfare of children*