



Our Lady of Peace School

With Christ in our hearts, together we grow

Fourth Sunday of Ordinary Time Year A

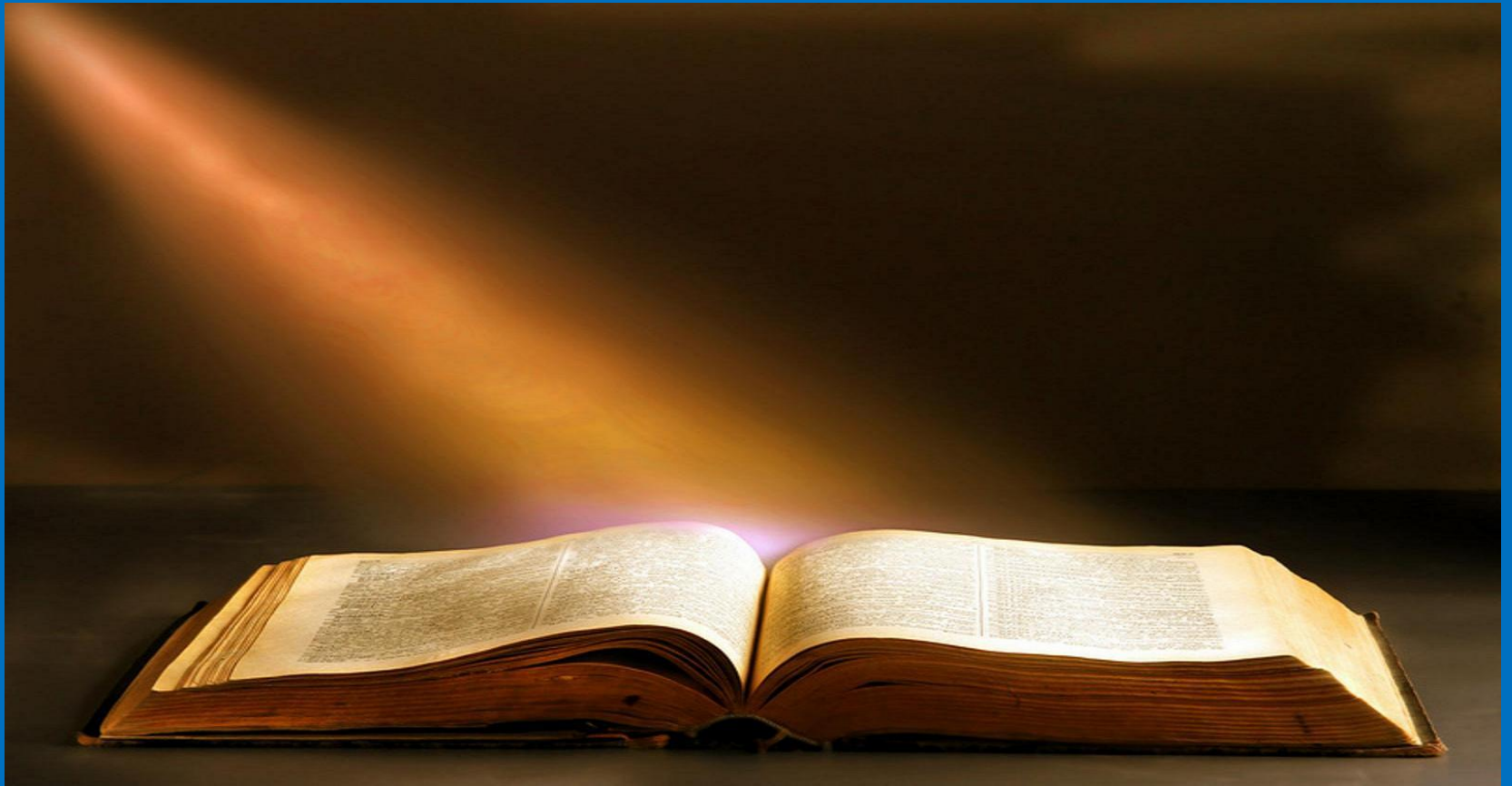
Matthew 5:14-16 Be a light in the darkness



Introduction

Without light in our world , there would be no life. In some parts of the world, like Antarctica, the sun does not shine for six months of the year, when there is complete darkness. Here, when it grows dark each day, we go to bed and sleep until the rising sun makes it light again. Today Jesus reminds us of the importance of light in our lives.

Gospel Acclamation



Gospel Acclamation

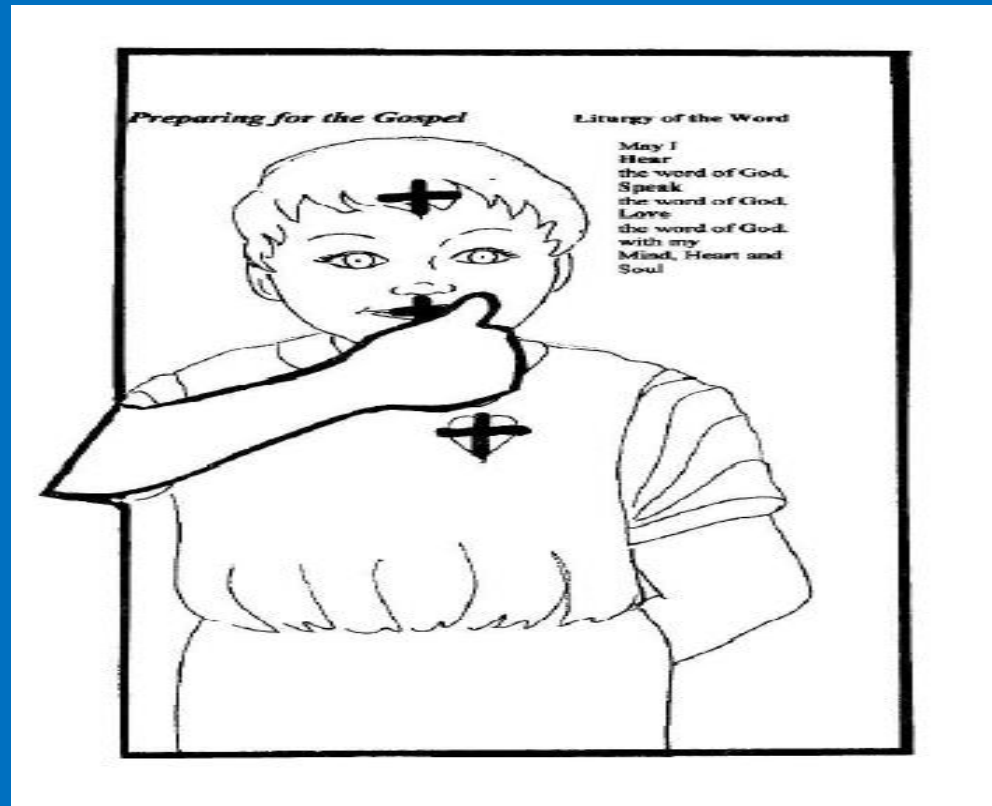
Alleluia, alleluia,
You light up our hearts with your love,
So we can see the way,
To follow you and all you do,
You light up our hearts with your love.
Alleluia, alleluia,

The Lord be with you

Response: And with your spirit.

A reading from the holy Gospel according
to Matthew

Response: Glory to you, O Lord



Matthew 5:14 - 16

- One day Jesus said: "No one lights a lamp and then covers it up, because then they could not see in the darkness. They put the lamp up high so that its rays shine out! You are like lamps, with the brightness of God's love and goodness shining out from you. When you are good, you will bring light into the world around you, and others will see you and thank God for sharing His goodness."

The Gospel of the Lord

Response: **Praise to you, Lord Jesus Christ**



Reflection 1

- Darken a room and put on a torch. Ask children to cover it up.
- Ask: What difference does it make in the room?
- **Shine the torch slowly around the room and pick out objects and people that the children can name.**
- **Touch each child with a ray of light.** In a similar way, our light or God's goodness in us, can shine out and touch the lives of others.
- **Turn the lights back on.**



Reflection 2

- We heard at the beginning how Antarctica experiences darkness for six months of the year.
- What would the weather be like in such a place where there is no sunlight?
- Would many plants and animals be able to survive?
- Without light it is very difficult for things to live and thrive.
- It is cold and dark with little to eat.

Antarctica





Reflection 3

- What can we use to make light?
- Candles, torches, lanterns, electricity
- What happens when we have a power-cut and all the lights goes out?
- Jesus used this story to make it clear that the light that we are given at our Baptism, should be shared with others, to help them to see more clearly and make our world a better place to live!





Closing Prayer

Dear Jesus,

At Baptism we became children of God,

Filled with the light of His Spirit,

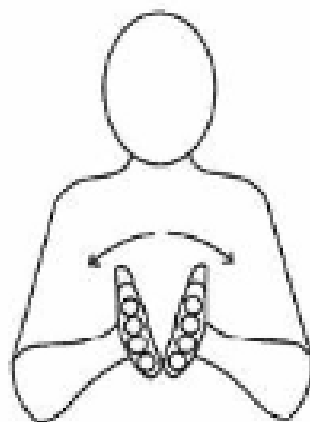
Help us to always walk as children of the Light,

Touching the lives of others with God's love.

With Christ in our hearts, together we grow.

Amen

MAKATON SIGN OF THE WEEK



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# Acknowledgement

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