## NOURISH YOUR CHILD'S

 INNER SUPERHERO!
## Our Food

Taylor Shaw menus are designed to be child friendly, as well as compliant with the Government's school food standards. We use high quality, healthy and nutritious ingredients, prepared fresh on site, on the day of consumption, by suitably trained and child focused employees.

At the heart of our service lies a menu that contains the correct balance of food and nutrients across the week, in order to encourage children to learn, love food, play and grow.

Our lunches include a choice of...

- Meat \& vegetarian main courses and accompanying carbohydrates
- 2 vegetable options
- Various salad choices
- Wholemeal or white fresh, crusty baked bread, daily
- A selection of hot and cold desserts
- Chilled water



## Feedback/Contact

If you would like to comment on our meals or provide feedback on our service, please

## Medical Diets and Allergies

If your child has a specific dietary need for a medical reason, we will work with you to create a menu to meet the needs of your child. We have a Medical Diet Procedure to follow, to ensure your child can safely eat with us. If you would like your child to have a school meal we would need to see a medical certificate from your child's consultant. We can then proceed with creating a suitable menu. Please ask your school for the Medical Diet Request form.

Once you have completed it please return to the school along with the Medical evidence, please ensure all details are correct and it has been signed. This will then be passed onto the Taylor Shaw team who will then create a safe menu for your child and implement as soon as possible.

FREE SCHOOL MEALS

## Did You Know

ALL children in Reception, Year 1 and Year 2 are all eligible for a Universal Infant Free School Meal!
Let Taylor Shaw take the pressure off making a pack lunch and let us provide your child with a nutritionally balanced, hot and delicious lunch,

## for FREE!

You could save yourself time and $\mathbf{£ 1 0 0} \mathbf{\prime}$ a year by giving up the pack lunch \& encouraging them to have a hot meal prepared and cooked fresh on site by us daily!

# Autumn / Winter MENUS 2019/2020 

## Our Lady of Peace Catholic Primary

## Junior Menu

Week One Dates 28/10/19-18/11/19-09/12/19-30/12/19-20/01/20-10/02/20-02/03/20-23/03/20

| Week 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal Option | Chicken Sausage Hot Dog | Chicken Baguette | Roast Gammon Baguette | Beef Burger \& Wedges | Fish Fingers \& Chips |
| Vegetarian Main Meal Option | Vegetable Sausage Hot Dog | Cheese \& Tomato Pizza | Quorn Roast Bap | Jacket Potato with Beans, Cheese or Tuna | Vegetable Curry \& Wholegrain Rice |
| Vegetable Selection | Peas \& Sweetcorn | Broccoli <br> \& Winter Coleslaw | Savoy Cabbage \& Sweetcorn | Green Beans \& Carrots | Garden Peas \& Baked Beans |
| Jacket Potato Option | Freshly Baked Jacket Potato with your Choice of Toppings: Tuna \& Mayonnaise, Grated Cheese, Baked Beans |  |  |  |  |
| Dessert | Ice Sponge | Chocolate Sponge | Jelly | Lemon Sponge | Ice Cream |

Week Two Dates 04/11/19-25/11/19-16/12/19-06/01/20-27/01/20-17/02/19-09/03/20-30/03/19

| Week 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal Option | Beef Meatballs in Tomato Sauce with Pasta | Chicken Curry with Rice \& Naan Bread | Roast Beef Baguette | Pasta Bolognese \& Garlic Bread | Fish Fingers \& Chips |
| Vegetarian Main Meal Option | Jacket Potato with Beans, Cheese or Tuna | Cheese \& Tomato Pizza | Quorn Roast Bap | Jacket Potato with Beans, Cheese or Tuna | Vegetable Sausage \& Chips |
| Vegetable Selection | Garden Peas \& Fresh Salad | Carrots \& Green Beans | Cauliflower \& Mixed Vegetables | Broccoli \& Sweetcorn | Garden Peas \& Baked Beans |
| Jacket Potato Option | Freshly Baked Jacket Potato with your Choice of Toppings: Tuna \& Mayonnaise, Grated Cheese, Baked Beans |  |  |  |  |
| Dessert | Hot Chocolate Fudge Cake | Iced Carrot Cake | Jelly | Iced Sponge | Ice Cream |

Week Three Dates 11/11/19-02/12/19-23/12/19-13/01/20-03/02/20-24/02/20-16/03/20

| Week 3 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal Option | Beef Burger in a Bun with Homemade Wedges | Chicken Pizza | Roast Chicken Baguette | BBQ Chicken Wrap | Fish Fingers \& Chips |
| Vegetarian Main Meal Option | Veggie Burger in a Bun with Homemade Wedges | Jacket Potato with Beans, Cheese or Tuna | Quorn Roast Bap | Jacket Potato with Beans, Cheese or Tuna | Vegetable Nuggets \& Chips |
| Vegetable Selection | Sweetcorn \& Carrots | Broccoli \& Fresh Salad | Cauliflower \& Garden Peas | Mixed Vegetables \& Savoy Cabbage | Garden Peas \& Baked Beans |
| Jacket Potato Option | Freshly Baked Jacket Potato with your Choice of Toppings: Tuna \& Mayonnaise, Grated Cheese, Baked Beans |  |  |  |  |
| Dessert | Apple Sponge | Lemon Slice | Jelly | Marble Sponge | Ice Cream |

Available Daily
Fresh Bread, Salad Bar, Fresh Fruit and Yoghurts

