

January and February 2018



Our Lady Our Lady of Peace

Value Assembly

Week One

'With Christ in our hearts, together we grow'

*A value is a principle
that guides our
thinking and
behaviour*

In January and February we will be exploring the Value of:



Kindness

Life Vest Inside - Kindness Boomerang - "One Day"



<https://www.youtube.com/watch?v=nwAYpLVyeFU>

Do not underestimate
a moment of your
kindness.

It has the power to change lives
in ways you may never know.

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www.arianatieg.com
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Prayer

Kindness



Kindness is friendly warmth.
Kindness is always generous and considerate.
It gives in service.
Kindness is affectionate concern.
It is helpful thoughtfulness.
Kindness is unselfish.
It is compassionate and holds sympathy and
charitable understanding close.
Kindness is big-heartedness.
Kindness has concern for others.
Kindness does random loving acts.
It's always helping others.
Kindness cultivates caring.
It is devoted loyalty, and the
tender mercies of God.
Kindness is love in motion.

With Christ in our hearts, together we grow.

Amen

January and February 2018



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Value Assembly

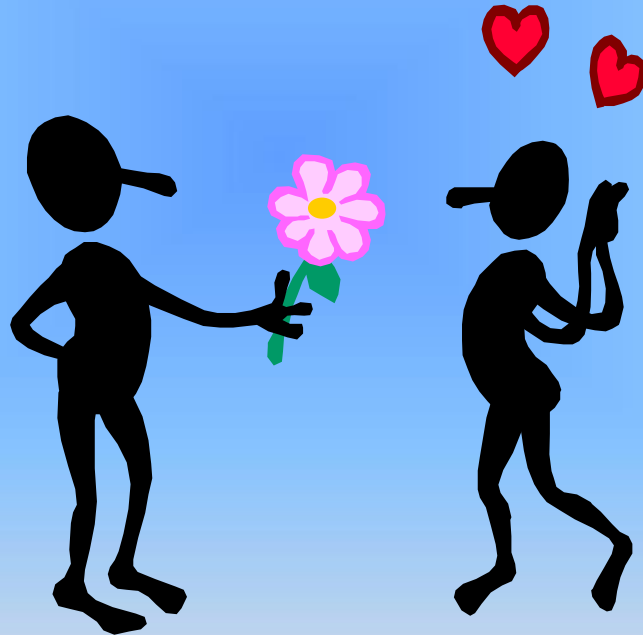
Week Two

'With Christ in our hearts, together we grow'

*A value is a principle
that guides our
thinking and
behaviour*

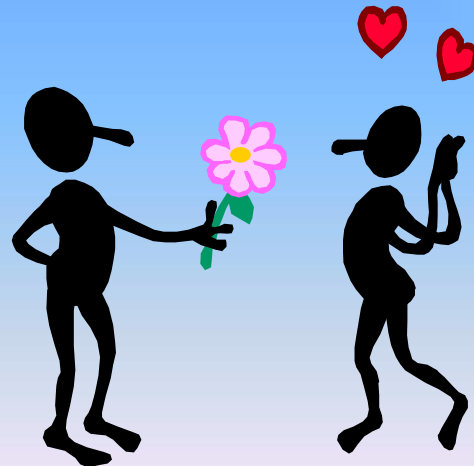
We will be exploring the value of

KINDNESS

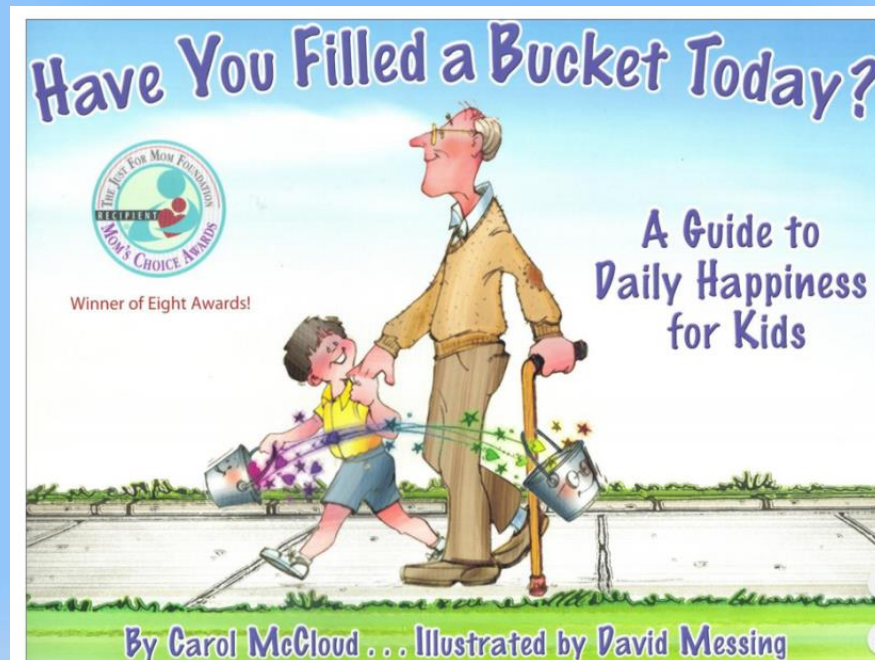


KINDNESS

Consideration and
concern for others



Why is Kindness so important?



Have you filled a bucket today? (Carol McCloud)

Have you filled a bucket today?

- We all have an invisible bucket
- It holds good thoughts and feelings about yourself
- We feel happy when our bucket is full
- We feel sad when it is empty

*We all want a full bucket but
we need others to help us fill
it*

You feel very happy and good
when your bucket is full.



You feel very sad and lonely
When your bucket is empty.

You fill a bucket when you show love to someone, when you say
Or do something kind, or even when you give someone a smile.



That's being a bucket filler.

What can we do to fill other people's buckets?



Say something nice
about someone

Listen to people

Play with someone
new

Share with others

Say "Hello" and
"thank you"

Help in the community

Volunteer

Thank people for
what they have
done

**How might
you show
Kindness to
others?**

Prayer

TODAY'S PRAYER



Father, thank You for loving me today. Thank You for Your kindness. I come to You and let go of anything that stands in the way of You. Draw me close to You and have Your way in my heart in Jesus' name. Amen.

With Christ in our hearts, together we
grow



ONE KIND WORD
can change
someone's
entire day

The **Golden** Rule

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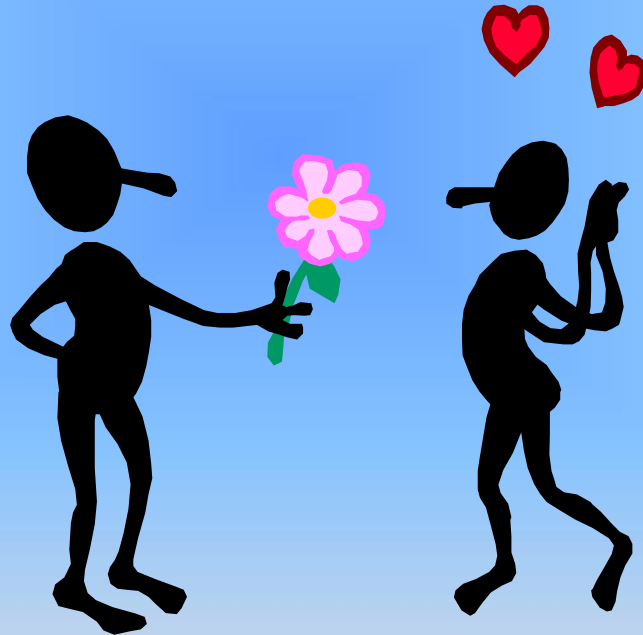
Week Three

'With Christ in our hearts, together we grow'

*A value is a principle
that guides our
thinking and
behaviour*

We will be exploring the value of

KINDNESS



What can we do to fill our own buckets?



Write the things we
like about ourselves

Look after your
body (exercise and
what we eat)

How might you show Kindness to ourselves?

Spend time doing
the things we like

Take time to pray
and reflect

Write the things that
you are thankful for

Identifying When People Need Kindness

- How would you know if someone is feeling worried, sad or nervous?
- *How might they behave?*
- *What might they say?*
- *How might they look?*
- Negative feelings won't last forever but it's important to recognise when you feel worried in yourself and others so that you can be kind to them or yourself.

Being Kind

- When you are kind it does not mean that you have to fix people's problems.
- It means that you show someone you care for them and aren't giving up on them.

Sadness

- One of the children felt very sad because their pet had died.
- They explained this to all of the class and the class was very kind to them.
- We couldn't fix the problem but we could make them feel better.

KINDNESS

Acts of kindness don't only benefit the receivers of the kindness, but also the givers



Impacts of Kindness

- Being kind:
 - 1) Makes us happier
 - 2) Gives you a healthy heart
 - 3) Slows ageing
 - 4) Forms better relationships
 - 5) Contagious(ripple effect- kidney transplant)

Unkind

- Some people do not have a full bucket and try to fill their bucket from taking from other people's happiness.
- This will never work!
- This can have long lasting consequences. Once some unkind things are said they cannot be taken back and stay with people.
- We must choose our words carefully and we must not be a bucket dipper!

Prayer

Dear Lord,

Give me courage. Fill my heart with kindness and hope. Help me nurture what is good in the world. Help me heal what is not. Help me to make a difference.

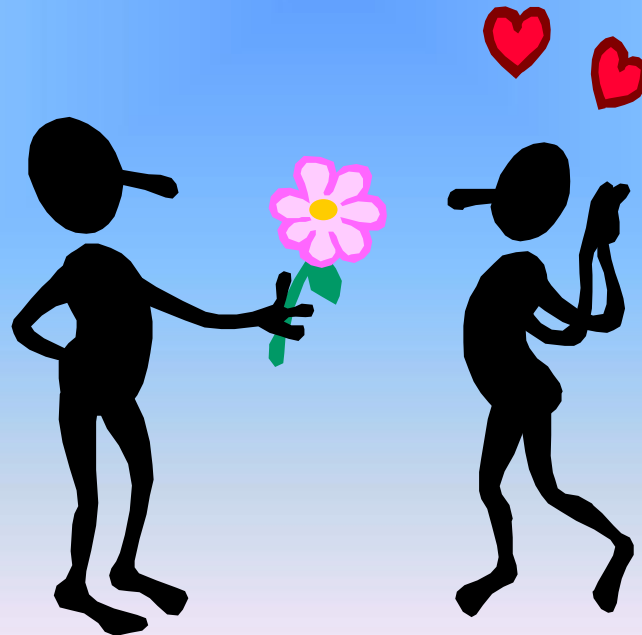
Amen

With Christ in our hearts, together we
grow

encourage someone
start a kindness campaign
thank the custodian
hold a foodbank drive
take time to really listen to a friend
post inspiring quotes around the school
be more positive
hold the door open
speak kindly
write a thankyou note
send a gratitude email
give a genuine compliment
Random Acts of Kindness
write a positive note on a sticky and post it
be grateful
surprise another class with a treat
volunteer
do something kind for the environment
bake cookies for someone
write a letter
do a chore without being asked
thank a parent
befriend someone new
smile at someone new
pick up litter
call a grandparent
forgive someone
start a kindness club
hold a fundraiser

Do you think YOU can help to make your community and the world a KINDER place?

LET'S GO FOR IT!



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Week Four

'With Christ in our hearts, together we grow'

*A value is a principle
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behaviour*

We will be exploring the value of

KINDNESS in the community

Why is Kindness so important?

- In recent months there have been many tragedies in our country and around the world
(such as the Grenfell Tower tragedy)
- Showing kindness at these times can make a real difference.



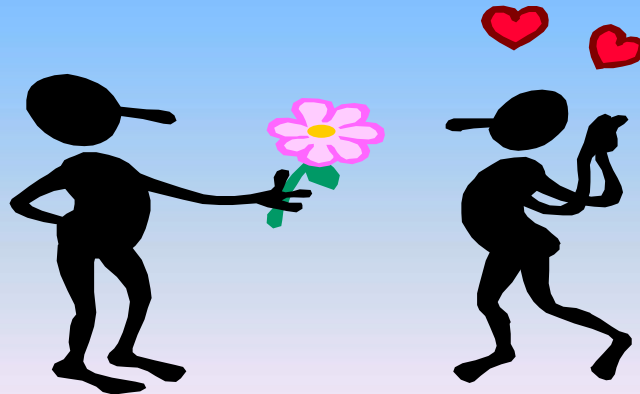
Responsibility for the Environment



Do you think YOU can help to make your
community and the world a KINDER place?

HOW?

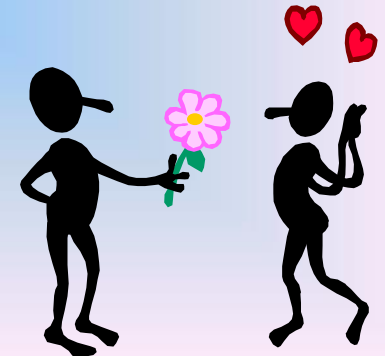
LET'S GO FOR IT!





As we reflect, think about
how **KINDNESS** makes the
world a better place to be.

Think about how you can show
kindness to people and living
things in the world.



Prayer

Prayables

Dear God,

If I can not be brilliant,
let me be kind. If I can
not change the world,
let me inspire just one
other to do so. If I can
not give away riches,
let me be loving. Let
me be known for
kindness, for it is the
greatest glory. ~amen

With Christ in our hearts, together we
grow

KS2 ASSEMBLY



Holocaust Memorial Day



Music
clip



Aims

- To begin to know some facts about Anne Frank.
- To recognise that words can be used for good.



What Is Holocaust Memorial Day?

Holocaust Memorial Day is on 27th January every year. It is a day when we remember some specific events in the past when people were treated badly and killed because of who they were. **Genocide** is when a large number of people are killed on purpose, particularly because of their race, their religion or the colour of their skin.

The Holocaust was a genocide in the Second World War when lots of Jewish people were killed because of their religion.

THE POWER
OF WORDS

HOLOCAUST
MEMORIAL DAY 2018



The Second World War

85 years ago, a man called Adolf Hitler was the leader of the Nazi Party in Germany. Nazi Germany began to invade other countries in Europe and this started the Second World War.

The Nazis believed that people who were Jewish (followed the Jewish religion, or had parents or grandparents who did) were to blame for Germany's problems, and weren't as good as German people.

The Nazis made laws so that Jewish people couldn't own businesses or go to school. They started planning to get rid of all the Jewish people in Europe.



Adolf Hitler

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What Is Prejudice?

When you treat a group of people badly, and say mean and unfair things about them because of their race, religion or difference, this is called being prejudiced.

This is what Hitler and the Nazi party did to the Jews. They treated them badly and made their lives unbearable because they were different.

Why is this wrong?

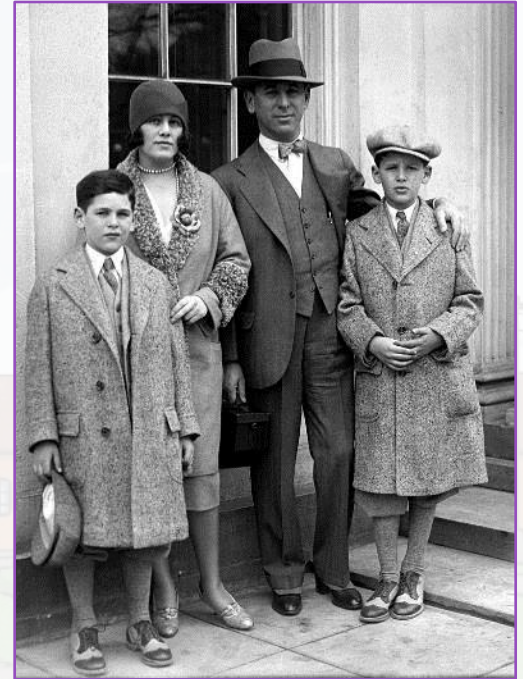


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The Frank Family



There was a young girl living in Frankfurt, Germany at that time. Her name was Anne Frank.

Anne was born on 12th June 1929.

She had an older sister called Margot, a mother called Edith and a father, Otto. They were a Jewish family.

When Otto realised that life was going to get very difficult for Jewish people, he moved the family to Holland.

Kitty

Anne was an ordinary girl.
On her 13th birthday, Anne was given a diary.
She was very happy with this present, because she wanted to become a famous writer when she grew up.



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Anne



Anne wrote, "I want the diary to be my friend, and I am going to call this friend, Kitty".

In Hiding

The Nazis' treatment of Jewish people became worse and worse. People were being forced to leave their homes and go and live in concentration camps.

Conditions in these camps were dreadful and the Frank family knew that they were very dangerous.

The Frank family went into hiding in a secret room they called the Annexe, on the second floor above Otto's office. The entrance to the room was hidden by a bookcase.

Some of Otto's loyal and brave colleagues risked everything by bringing food, clothing, newspapers and magazines to the family.



This is what the bookcase would have looked like.

The Annexe

The family lived with four other people in the Annexe for two years. It was cramped and uncomfortable.

Of one of the friends helping the Frank family was Miep Gies. Anne wrote, "She's also the one who brings five library books with her every Saturday... Ordinary people don't know how much books can mean to someone who's cooped up."



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Living in Fear

They were unable to go out, fearful of being arrested or killed.

They had to remain absolutely silent during the day and the curtains had to stay closed, in case the neighbours caught sight of them.



Anne wrote:

"Not being able to go outside upsets me more than I can say, and I'm terrified our hiding place will be discovered and that we'll be shot".

Missing Things

The people in the Annexe missed everyday things. Because they had to be so quiet, Anne wrote a lot in her diary.

Anne wrote, "I long to ride a bike, dance, whistle, look at the world, feel young and know that I'm free".

"Most of all I long to have a home of our own, to be able to move around freely and have someone help me with my homework again, at last. In other words, to go back to school!"

The last time Anne wrote in her diary was on the 1st August 1944.



Auschwitz

Three days later, Anne Frank and her family were found by the Nazis and arrested.

They were taken to a concentration camp called Auschwitz.

The Nazis imprisoned Jewish people in concentration camps where they were forced to do horrible dangerous work, and were not given enough food, water, medicine or warm clothes. Millions of people were killed by the Nazis in concentration camps.



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Anne's Story

Anne's mother was killed at Auschwitz.

Anne and Margot were taken to another camp called Bergen-Belsen. Here they both became ill with typhus and also died.

Otto was the only member of the family to survive the Holocaust. The war ended in 1945, and everyone who had survived was released from the camps.

Otto returned home to Holland.



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Anne's Diary

Miep Gies was one of the friends who had helped the family in hiding. She found Anne's diary in the Annexe after they were arrested and kept it safe throughout the war.

She gave the diary to Otto and he decided to publish the diary in honour of his youngest daughter.

In 1947, *A Diary of a Young Girl* was published.

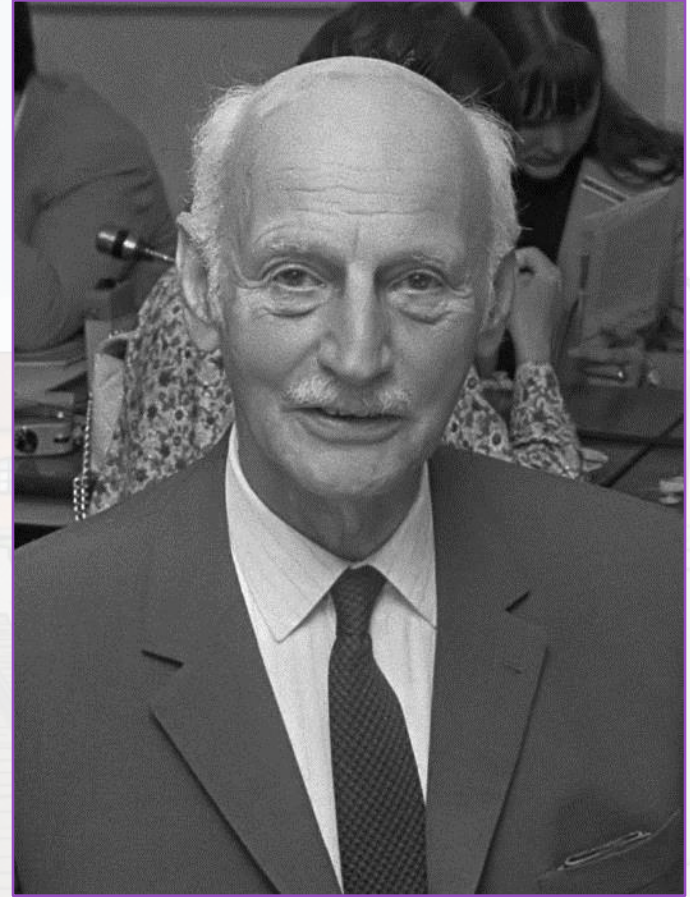


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Anne's Legacy

Anne's book has been translated into 70 languages and has been read by millions of people.

By reading her words, people can learn and understand what life was like for Jewish people under Nazi rule.

Anne dreamed of becoming a famous writer, and now she is one, although she died without ever knowing it. Her words have empowered young people and given them strength to stand up to all forms of prejudice, racism and discrimination. She is an inspiration to us all.



*"I still believe, in spite of everything,
that people are truly good at heart."*

Anne Frank

How can you use your words to do good in the world today?

The Power of Words

How wonderful it is that nobody need wait a single moment before starting to improve the world.

I don't think of all the misery but of the beauty that still remains.

What is done cannot be undone, but one can prevent it happening again.

We can all play our part in preventing this prejudice happening again. **We can be kind towards everyone**, even if they are not our special friend; we can try to understand how other people might be feeling; we can stand up for people; we can share these stories and ideas with other people through talking, writing and poetry.



Music
clip

