

January 2019



With Christ in our hearts, together
we grow

Welcome to our 'Values' assembly



*A value is a principle that
guides behaviour*

In JANUARY we will be exploring the
value of

Compassion



Who is this?

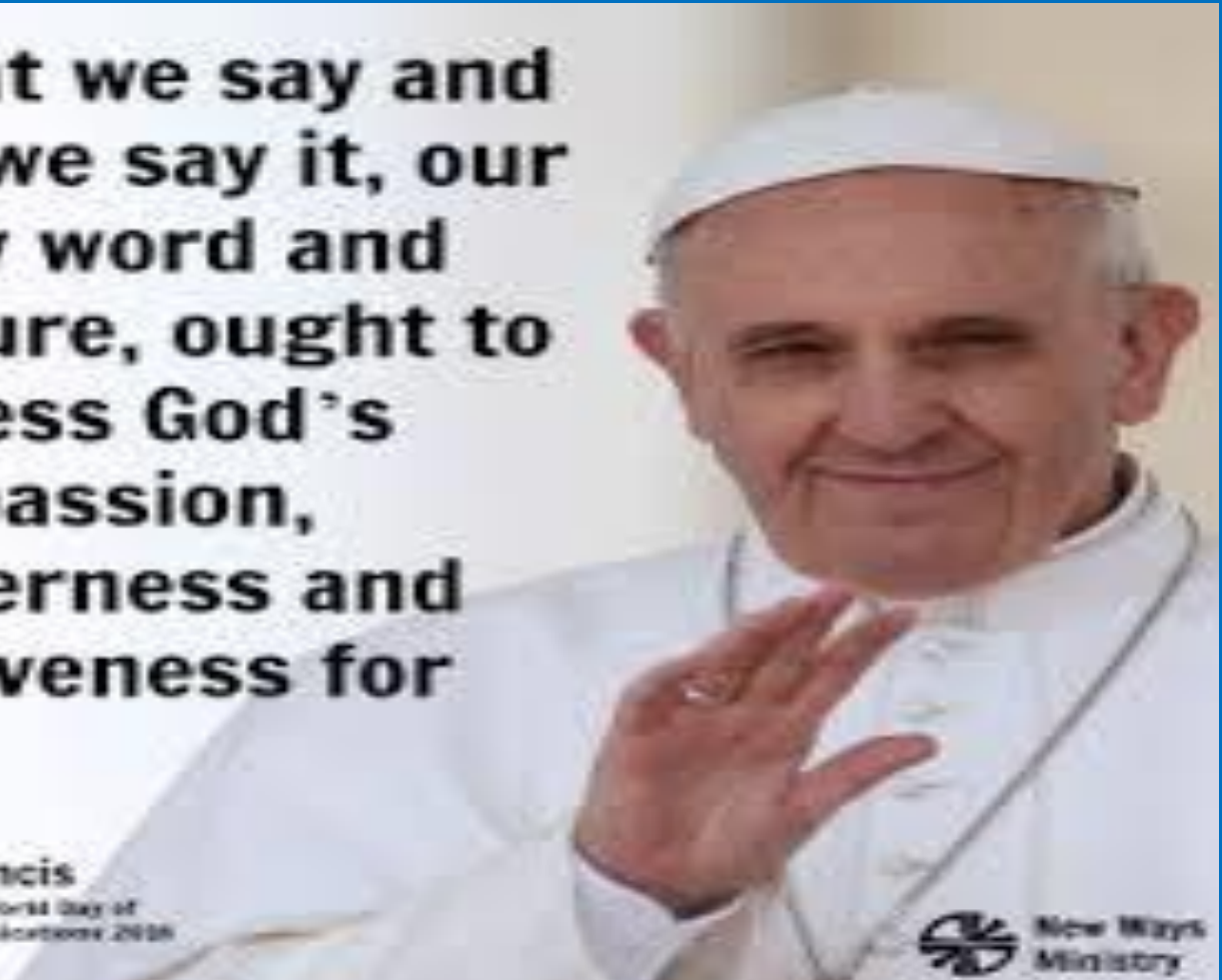


Pope Francis

"What we say and how we say it, our every word and gesture, ought to express God's compassion, tenderness and forgiveness for all."

-Pope Francis

Message for World Day of
Social Communications 2020



New Ways
Ministry

Reflection & Prayer



Reflection

Let us have a moment of quiet to think how we are going to be compassionate to someone today, like our Father in heaven who is kind and loving towards us.

Let us think about someone we have fallen out with, or been unkind to. Think about someone who is sad or worried about something.

How can we help them and show compassion?

Prayer

God our loving Father,
help us to remember that you love us and are with us
wherever we are and whatever we do.

Make us more like you in the way we treat each other.
Make us gentle and kind.

When we see someone sad or in difficulty, help us be friendly, caring
and compassionate towards them.

When we have fallen out with our brothers and sisters,
with our friends, help us be ready to forgive them and make up.
Heavenly Father, help us to be more like you.
With Christ in our hearts, together we grow.
Amen