



Our Lady of Peace Catholic Primary and Nursery School

'With Christ in our hearts, together we grow'

Headteacher: Mrs J O'Keeffe

Derwent Drive, Slough

Berkshire, SL1 6HW

Tel: 01628 661886

Safety in the Sun

Dear Parents

At Our Lady of Peace Catholic Primary and Nursery School we believe in promoting healthy behaviour at a young age as it is the most likely way to create good habits for life. We believe that if we give children simple information about the need to keep their skin safe, they may then remind parents or carers to provide protection when necessary. As educators, we must do two vital things:

1. Teach children about the need to protect their skin, starting in a simple way with the youngest and reinforcing the message with appropriate activities and vocabulary as they grow.
2. Set the example by providing a sun-safe environment at school and, when in our care, outside the premises, on excursions and during off site activities.

The children will be constantly reminded to:

1. take extra care in the noon-day sun (11am-3pm)
2. play in the shade, where possible
3. cover up when the sun is hot – with closely woven clothing that keeps out the sun
4. wear sunscreen on exposed skin – SPF 15 or higher to protect against UVB and UVA (to be applied at home prior to arrival at school)
5. wear a hat with a brim and neck shade (legionnaire style). School sell these hats, which can be obtained through the office.

Teaching about staying safe in the sun will be part of the PSHE scheme of work and may also be addressed during assemblies, Science lessons and Circle Time.

As you know we are unable to administer anything not prescribed by the doctor. It is unwise for children to have sun creams in their bags or book drawers in case other children should use them. We do understand that in exceptional circumstances children with very sensitive skin may need to use non prescribed sun creams. If this is the case, they can bring them in to school but must apply the cream themselves as the school guidance does not allow teachers to do this for them.

Please ensure your child's name is marked clearly on the item and hand to the class teacher, together with the form below. The cream will be kept in the teacher's cupboard.

I wish.....

to havekept at school to use at break time or lunchtime.

She/he will apply it themselves.

Signed.....Date.....

Email: post@olopprimary.co.uk

<http://www.olopprimary.co.uk>

*In partnership with The Diocese of Northampton
and Slough Borough Council, Department of Education*